



Pic courtesy of CS Images

Phakisa Regional – 21 April

This last weekend was my first weekend back after my crash at the first Regional.

I was a little nervous coming back after a crash, as it always takes some time to adapt to the pace of the bike, but like they say, nerves are sometimes a good thing.

We left early Friday morning and headed for Welkom, 2 ½ half hours drive. For the first time I drove there all by myself, well in convoy with my team but all alone in the car. I must admit I was so tired when I got to the track.

Get to the track offloaded everything and did what we need to. Then I got to go out for my first session. It felt so good to be on my **Bike**. I managed to do a really good time for 1st session. The object of the weekend was to learn and get track time and that's exactly what we did. Felt good to end off Friday practise on a positive note. Now all I needed to do was to get focused for Race Day.

Qualifying:

I felt good Saturday Morning when we arrived at the track. I was in a positive frame of mind was actually so keen on qualifying. When I went out to qualify I just put my head down and concentrated on the track and what I had to achieve. It worked, I dropped my times from the day before and Qualified 12th on the grid. I was so happy 😊

Race 1:

I was so nervous for Race One, and it basically showed, I messed up my start completely but made up for it. I was so looking forward to having a race against someone and I did, with another girl. We did so well. I managed to do MY BEST time EVER!! I was so happy, as I haven't been riding for 2 Months and already I am beating my previous times. I think the break may have just been what I needed.

Race 2:

In Race 2 I decided to focus my energy on not messing up my start, which I didn't, but I was just to slow off the line. Yip, I really need to practise my **Starts!** I got stuck behind this guy which made me a bit slower, it had also started drizzling in our race so I decided to rather just have a cautious race.

The most important thing about this Race weekend is I had a lot of fun while riding again. Thank you so much to my Team for making it happen!! Gino, the Spray Job is Fantastic!! Really Love the Colour! Thank you so much!

Hope everyone has a Wonderful Long weekend. We are heading off to PE for the National!!

Till then Ciao Ciao

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